

Entrance Antiphon

Cf. Ps 90: 15-16

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

Collect

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit, God,
for ever and ever.

First reading

Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me."

'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

Responsorial Psalm 90(91):1-2,10-15

Be with me, O Lord, in my distress.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: 'My refuge,
my stronghold, my God in whom I trust!'

Be with me, O Lord, in my distress.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

Be with me, O Lord, in my distress.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Be with me, O Lord, in my distress.

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you,'
I will save him in distress and give him glory.

Be with me, O Lord, in my distress.

Second reading

Romans 10:8-13

Scripture says: *The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart.* If your lips confess that Jesus is Lord and if you believe in your

heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: *those who believe in him will have no cause for shame*, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, *for everyone who calls on the name of the Lord will be saved.*

Gospel Acclamation

Mt4:4

Man does not live on bread alone,
but on every word that comes from the mouth of God.

Gospel

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God,
and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you
to guard you,

and again:

They will hold you up on their hands
in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

Prayer over the Offerings

Give us the right dispositions, O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning
of this venerable and sacred time. Through Christ our Lord.

Communion Antiphon

Mt 4: 4

One does not live by bread alone, but by every word that comes forth from the mouth of God.

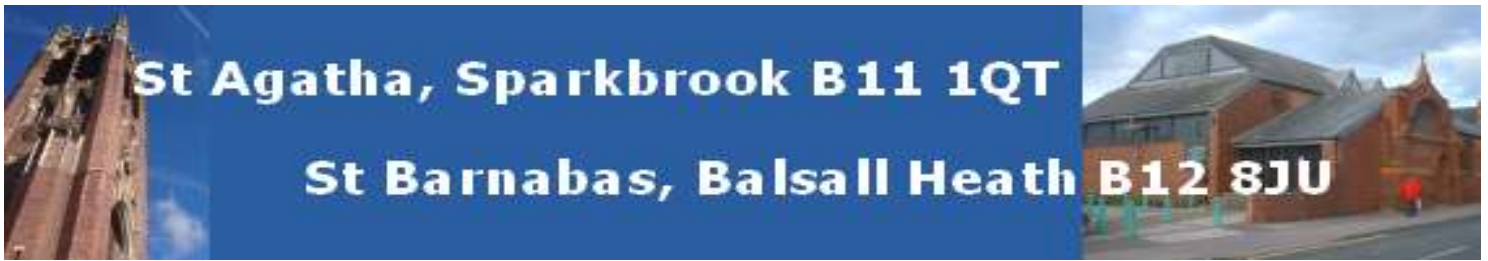
Prayer after Communion

Renewed now with heavenly bread,
by which faith is nourished, hope increased,
and charity strengthened, we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread, and strive to live by every word
which proceeds from your mouth.
Through Christ our Lord.

Prayer over the People

May bountiful blessing, O Lord, we pray,
come down upon your people,
that hope may grow in tribulation,
virtue be strengthened in temptation,
and eternal redemption be assured.
Through Christ our Lord.

Copyright © 1996-2023 Universalis Publishing Limited: see www.universalis.com.
Scripture readings from the Jerusalem Bible are published and copyright © 1966, 1967
and 1968 by Darton, Longman & Todd, Ltd and Doubleday, a division of Random
House, Inc, and used by permission of the publishers. Text of the Psalms: Copyright ©
1963, The Grail (England). Used with permission of A.P. Watt Ltd. All rights reserved.



Priest in Charge: Fr. Thomas Singh 07496 295541 email: fr.thomas@saintagathas.org.uk
website: www.saintagathas.org.uk

9th March News/prayers 1st Sunday in Lent

Mass times on Sundays:
St Barnabas' at 9.00am
& St Agatha's at 11am

Lent group 2025 will meet at St. Agatha's 6pm

13th March: Prayer and spiritual renewal. Matthew 4: 1-11
20th March: Repentance and forgiveness. Luke 15
27th March: Serving others and charity. Matthew 25: 31-46
3rd April: The Passion of Christ & our own crosses.
Mark 8: 34-38

More information from Fr Thomas

Jean Tomlinson's Funeral is to be held at St Agatha's

Thursday 13th March 6pm reception of the coffin into church

Friday 14th March 11am funeral followed by the committal at Robin Hood Crematorium at 1pm.

Jean is a very longstanding member of St Agatha's and a valued friend to many, so we are all encouraged to attend whatever parts of the proceedings we are able to.

We are currently revising our electoral roll. If

you are over 16, baptised and usually worship at St Barnabas or St Agatha's, please make sure you have completed an application form and returned it to Colin Goodier. It only takes a few minutes. There is a printed notice with more information at the back of church.

Stations of the Cross

There will be opportunities to walk the stations at 11am at St Barnabas on Fridays 21st March and 4th April.

We pray for our parish, for all who live and work within our parish boundaries; holding them up for God's blessing. We pray for all pupils who attend the schools within our parish. We pray for St Agatha's Boxing Club, and St Barnabas' Nursery. We commend to you all who are sick or in any kind of need. We pray for the Fr Michael, Fr Sergei, Church Warden Martin and the congregation of the Russian Orthodox Parish of All Saints, who meet at St Agatha's on Saturdays.

We ask your help for all in positions of responsibility in our churches. We pray for our priest Fr Thomas Singh and his wife Sandhya as they minister in our parish. We pray for Bishop Paul.

We pray for each individual member of our congregations that we may be faithful to our vocations and worthy ambassadors of our Catholic faith.

St Agatha's Prayer

Let your forgiveness be won for us by the pleading of Saint Agatha, who found favour with you by her chastity and by her courage in suffering death for the gospel.

St Barnabas's Prayer

God our Father, You filled Saint Barnabas with faith and the Holy Spirit and sent him to convert the nations; help us to proclaim the gospel by word and deed.

We pray for those who are in need or ill:
HM The King, HRH The Princess of Wales, Janet Gregory, John Gregory, David Stokes, Peter Rouillard, Mike Lock, Elaine Stanley, Donnette Rigg, Ava Crossley, Phil Lee, Roger McDonald, Fr Balwant Singh, Esther Micklewright, Robert Smith, Fr. John Luff, Carole Luff
We pray for those who have died recently.

Walsingham Pilgrimage 2025

30th May to 1st June. If you are interested in going, please see Catherine Goodier.

